



## Questions to ask your doctor about treating metastatic breast cancer<sup>1,2</sup>

1. What is the **goal of my treatment**?
2. What medicines will I be taking? What are the possible **side effects**?
3. Is this the **best available treatment** for my type of cancer?
4. What else do you think I need to know about the cancer?
5. I am worried about losing my **hair**, is there anything I can do to prevent this?
6. Will my treatment need **hospitalization**? Will I need an intravenous infusion?
7. How will you know **my treatment is working**?
8. What can I do to help myself deal with fatigue from the cancer or the treatment?
9. Will I be getting any **radiation** or **surgery**?
10. If I don't have **Cancer Insurance**, are there any **financial support options** for me?
11. How long do you think I will be able to continue **working** while receiving **treatment**?
12. Would you recommend any **support groups** that I can reach out who have gone through a similar experience?
13. Are there **counsellors** who could help me talk to my family?

**References:**

1. Metastatic Breast Cancer Treatment Choices. BreastCancer.Org [updated 2018 Mar 14; cited 2020 Jun 05]. Available from: [https://www.breastcancer.org/symptoms/types/recur\\_metast/treat\\_metast/options](https://www.breastcancer.org/symptoms/types/recur_metast/treat_metast/options) Accessed on August 2021.
2. Treatments for Metastatic Breast Cancer. Susan G. Komen [updated 2020 May 18; cited 2020 Jun 05]. Available from: <https://www.komen.org/breast-cancer/treatment/>. Accessed on August 2021.